



banpac

Bay Area Nutrition &
Physical Activity Collaborative

Rethink Your Drink Pledge the Practice! Pass the Policy!

PROMISING PRACTICES SHARING FORUM

JANUARY 28, 2015





Agenda

- BANPAC Leadership Council Updates
- San Francisco and Berkeley Soda Tax Efforts and Lessons Learned
- Physical Activity Break
- Living Billboard Campaign
- Promising Practices Exchange
- Prize Drawing and Evaluation
- Optional Afternoon Trainings



BANPAC Updates

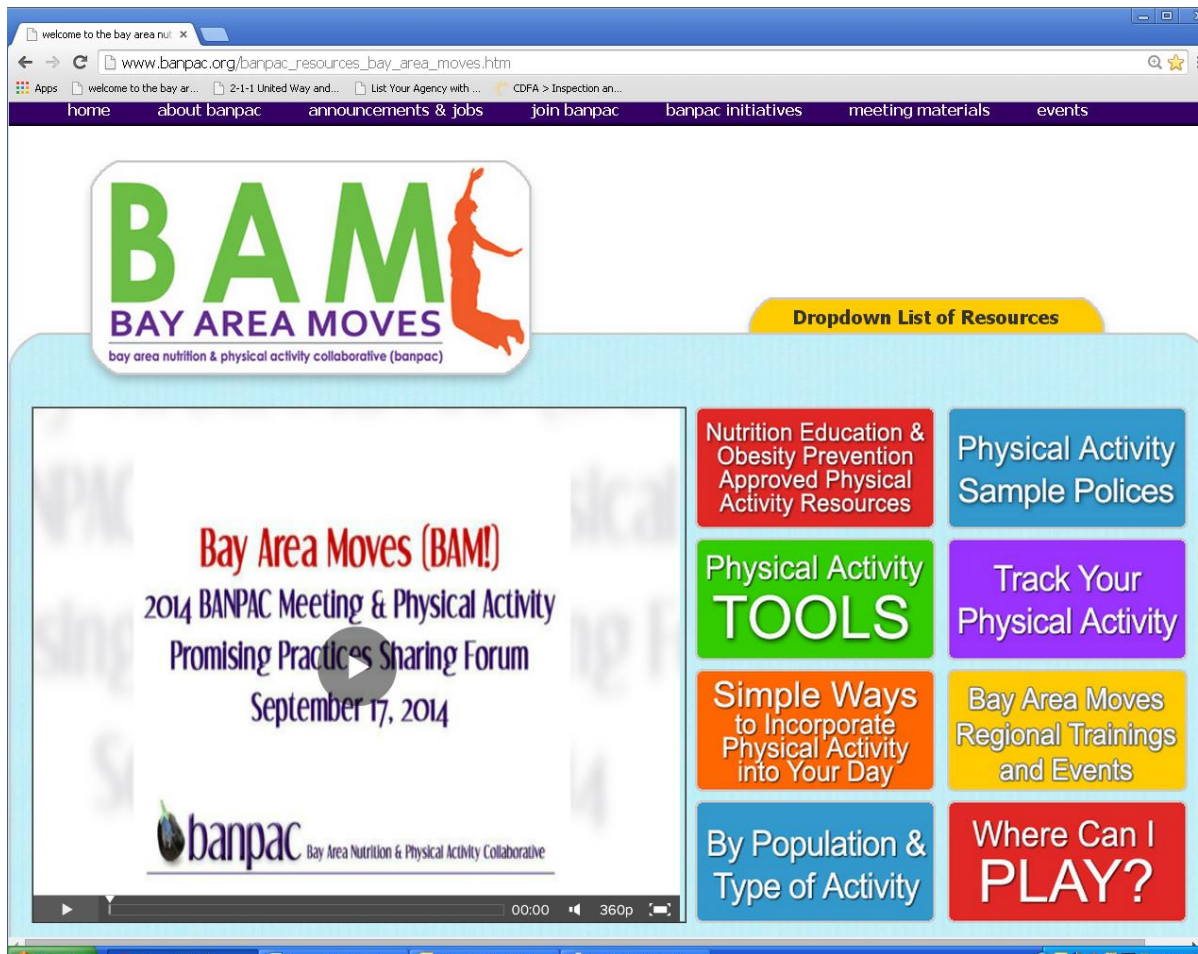
- Kaiser grant (Jaime Flores)
- Thank you Mark Elkin (Gwenn White)
- Honoring Schools (Tuline Baykal)
- Bay Area Moves web portal (Gwenn White)
- Highlighting NEW Resources (Jaime Flores and Marianne Szeto)



Congratulations Thriving Schools!

- Thriving Schools Pledge the Practice! Pass the Policy!
 - Mission Education Center
 - Sequoia Elementary
 - Howell Mountain Elementary
 - International Community School

Bay Area Moves! Web Portal



welcome to the bay area nu... x

www.banpac.org/banpac_resources_bay_area_moves.htm

home about banpac announcements & jobs join banpac banpac initiatives meeting materials events

BAM
BAY AREA MOVES
bay area nutrition & physical activity collaborative (banpac)

Dropdown List of Resources

Bay Area Moves (BAM!)
2014 BANPAC Meeting & Physical Activity
Promising Practices Sharing Forum
September 17, 2014

banpac Bay Area Nutrition & Physical Activity Collaborative

Nutrition Education & Obesity Prevention Approved Physical Activity Resources

Physical Activity Sample Polices

Physical Activity TOOLS

Track Your Physical Activity

Simple Ways to Incorporate Physical Activity into Your Day

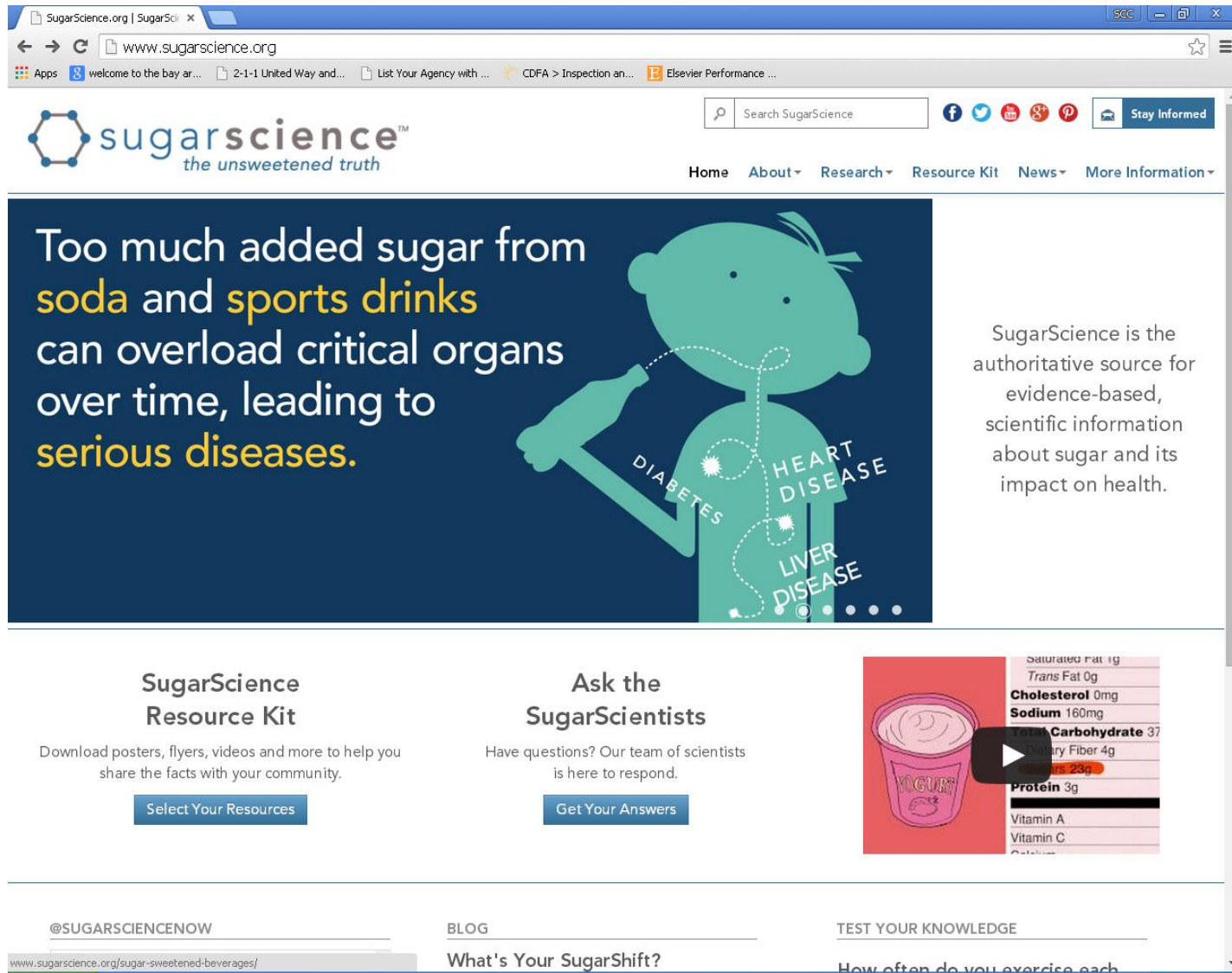
Bay Area Moves Regional Trainings and Events

By Population & Type of Activity

Where Can I PLAY?

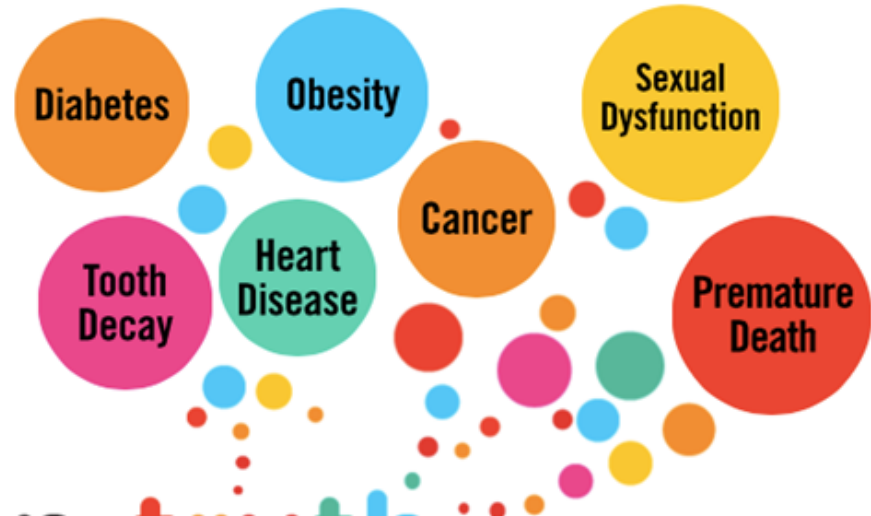
http://www.banpac.org/banpac_resources_bay_area_moves.htm

UCSF's sugarscience



The screenshot shows the SugarScience.org website. At the top, there is a navigation bar with the logo "sugarscience™ the unsweetened truth" and a search bar. Below the navigation bar, there is a main banner with the text: "Too much added sugar from **soda** and **sports drinks** can overload critical organs over time, leading to **serious diseases**." The banner features an illustration of a person with dotted lines indicating internal organs affected by sugar: DIABETES, HEART DISEASE, and LIVER DISEASE. To the right of the banner, there is a text box stating: "SugarScience is the authoritative source for evidence-based, scientific information about sugar and its impact on health." Below the banner, there are three main sections: "SugarScience Resource Kit" with a "Select Your Resources" button, "Ask the SugarScientists" with a "Get Your Answers" button, and a video thumbnail showing a yogurt container with a nutrition label. The nutrition label lists: Saturated Fat 1g, Trans Fat 0g, Cholesterol 0mg, Sodium 160mg, Total Carbohydrate 37g, Dietary Fiber 4g, Sugars 23g, Protein 3g, Vitamin A, and Vitamin C.

The Open Truth Campaign



open truth

**Sugary drinks are making us sick.
Find out how the sugary drinks industry targets us...
and how you can take action.**

www.opentruthnow.org