



Bay Area Nutrition and Physical Activity Collaborative (BANPAC) December 2, 2014

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A heartfelt thank you and best wishes to Gina Vittori

A special thank you to Gina Vittori who has worked for the past 7 months as the interim BANPAC coordinator. Gina worked diligently during these past few months on the Bay Area Moves (BAM!) Physical Activity Initiative and we are thankful to her for successfully laying down the groundwork for this upcoming physical activity initiative launch. She has accepted a position as the Health Planning Specialist III with the Assessment, Planning and Health Policy Division in the Santa Clara County Public Health Department. We wish her the best in her new role!

Nutrition and Physical Activity Around the Bay

Good Project's Food Day



The Feeling Good Project participated at the World Food Day Pumpkin Patch event that took place at the Heart of the City Farmers' Market at San Francisco on October 29th. It was a successful event well attended by more than 300 kids, providers and parents/guardians from 6 different schools. Harvest of the Month Educator Newsletters on Winter Squash were distributed to providers and Trilingual (English, Spanish and Chinese) Family News Letters on Winter Squash and Nutrition News were distributed to every child. As a way to expose kids to various forms of squash, a variety of squash and pumpkin seeds along with a sample of Gluten Free Pumpkin Muffins were given to every child at the event.

Stanford students embrace Rethink Your Drink!



Santa Clara County partnered with nine Stanford medical students to provide a free health screening to Saint Maria Goretti Catholic Church. Together they provided Rethink your Drink education, nutrition materials, and healthy recipes to **over 2000** parishioners. Keep up the great work!

BANPAC Update

Save the date for our next quarterly meeting and promising practices sharing forum!

What: Rethink Your Drink and Pledge the Practice! Pass the Policy! Promising Practices Sharing Forum

When: January 28, 2015 from 9am-1pm

Where: San Francisco Library

Learn about Berkeley's new soda tax and successful strategies for organizational wellness policies in a variety of settings. Meet new partners and participate in a Farmers' Market scavenger hunt.

Tracking Rethink Your Drink Presentations

Congratulations to **Tatiana Dykes** who won the quarterly gift card for tracking Rethink Your Drink presentations, workshops, and exhibits. Please enter you RYD activities from May 2014 through October 2014 here:

http://www.banpac.org/banpac_tracking_ryd-sugarsavvy.asp

Physical Activity Subcommittee

- Welcome new members Jin Kim from Alameda County Health System, Elaine Lo from San Mateo County, and Lupe Rodarte from the Indigo Program in San Jose!

Upcoming Regional Training and Resource Center Free Trainings

- Body and Soul Training, December 6 from 10am-1pm
- Strategies to Create and Sustain Community Involvement, part 2 of a 3 part series on Champions for Change, December 16th from 9m-1pm

Next BANPAC Leadership Council meeting New Date and Time

December 17, 2014 from 1pm-3:15pm in Martinez hosted by Contra Costa Health Services.

BANPAC's NEW Physical Activity Initiative Bay Area Moves - BAM!

Parks for Life Challenge! Hosted by the Santa Clara County Parks and Recreation Department

The Parks For Life Challenge is a FREE game that is hosted by the Santa Clara County Parks and Recreation Department to help you and your friends and family get outside and engage in healthy activities in our 48,000 acre park system. Teams of 2 to 3 players sign up, and then choose to participate in outdoor adventures in any one of our 29 regional parks. Document your adventures by posting photos or videos on social media sites!

Using Pilot Projects to Implement Protected Bike Lanes Webinar, December 3 from 12 to 1pm hosted by the Association of Pedestrian and Bicycle Professionals

Learn from other professionals' pioneering projects to implement protected bike lanes in their communities.

Winning Campaigns Training in Santa Barbara, December 5-7 hosted by Santa Barbara Bicycle Coalition

On December 5-7, 2014, Santa Barbara Bicycle Coalition is hosting a Winning Campaigns Training during which participants will learn to plan, fund, and run campaigns to transform the transportation landscape in cities and states.

Conference on the Value of Play: Advancing Play in partnership with IPA/USA, February 15-18 hosted by US Play Coalition

The United States Play Coalition is hosting the 2015 conference in Clemson, South Carolina. The conference will feature five tracks on the value of advancing play: Education, Programming, Park and Recreation, Health, and Business/Corporate. Conference attendees will also learn from renowned keynote speakers, Dr. Peter Gray and Dr. Kevin Ross Emery. Attendees of the annual conference come from diverse fields including park and recreation professionals, educators, researchers, health scientists, landscape architects, business leaders, psychologists, parents, physicians, and many more. The two and a half day event will provide numerous opportunities to play, network, and collaborate.

The Science of Policy Implementation Conference, February 22-25 hosted by Active Living Research

The theme of the 2015 conference, *The Science of Policy Implementation*, explores the process of taking scientific findings from the research field of active living to inform policies, and then ensuring the policies are put into practice to increase population-level physical activity.

Free Online Trainings on the World Health Organization (WHO) Health Economic Assessment Tool (HEAT) for Walking and Cycling

This tool is designed to help you conduct an economic assessment of the health benefits of walking or cycling by estimating the value of reduced mortality that results from specified amounts of walking or cycling.

National Physical Activity Plan Congress February 23-24 hosted by The National Physical Activity Plan Alliance

The National Physical Activity Plan (NPAP) Alliance is hosting the 2015 National Physical Activity Plan Congress on February 23–24, 2015, in Washington, DC. The Congress will feature keynote speakers, poster sessions, recognition of NPAP Champions, and thematic panel sessions. An important element of the Congress will be sector-based discussions in which attendees will have the opportunity to influence revision of the NPAP. A revised and refined version of the Plan is expected to be released in late 2015.

Trainings, Events, and Workshops

13th Annual Community Health Symposium, January 22 from 5:30pm-7:30pm hosted by Stanford Medicine Office of Community Health

The symposium features a wide range of community health services, educational and research projects undertaken by Stanford students, trainees, and faculty in communities here and around the world. For more information please contact Jill Evans at jille@stanford.edu.

Third Annual Childhood Obesity Bay Area Conference 2015, March 6-7 from 9am-5pm in San Francisco

The Childhood Obesity Bay Area Conference brings together remarkable speakers from diverse fields to discuss best practices in obesity prevention. This year's theme, *Building Our Community, Empowering Our Children* highlights the power that strengthening our vibrant community of organizations, politicians, physicians and educators has for empowering our children and adolescents who have been affected by this epidemic. This two-day conference will allow people working in different fields of health, wellness and sustainable food to connect and collaborate. In addition to six keynote addresses, COBA 2015 will feature an array of panel discussions, break-out sessions, slam poetry performances, networking reception with tastings from sustainable wineries, optional garden tours, and small group dinners.

Schedule a FREE Training "Healthcare Changes Impacting Low-Income Seniors and Persons with Disabilities" hosted by the Health Trust

In early fall, people who have both Medicare and Medi-Cal benefits, will receive notifications of a new program, Cal MediConnect where plans will provide all Medicare and Medi-Cal benefits under one health plan. As a trusted resource to those impacted by these upcoming changes, you play a critical role! Through this training, learn how you can best

direct and inform individuals you serve. To learn about upcoming trainings or to schedule a free training for your organization please contact sonalip@healthtrust.org.

Educational Resources

CDC National Health Report: Leading Causes of Morbidity and Mortality and Associated Behavioral Risk and Protective Factors-United States, 2005-2013

This Morbidity and Mortality Weekly Report (MMWR) Supplement presents data related to disease patterns across the United States and describes recent national trends in health status. Although the United States has made overall progress in improving public health and increasing life expectancy, progress has been slow, and in some aspects of health, change has not occurred or trends are not favorable. [Click here](#) to view the report.

Congregation to Community

ChangeLab Solutions, in partnership with the North Carolina Division of Public Health, has developed the Congregation to Community fact sheet. North Carolina faith-based organizations are successfully embracing shared use as a way to create more opportunities for physical activity and enhance the health of both congregants and community members. This comprehensive [fact sheet](#) highlights how they have played an important role in improving the health and well-being of their neighbors by opening up their facilities and programs.

Sugarscience: The unsweetened truth

A new resource from UCSF that provides evidence-based scientific information about sugar, which includes the SugarScience Resource Kit and Ask the SugarScientist.

Nutrition and Sugar Savvy Articles

[“Kids eat more healthful foods during longer, quieter school lunch, a study finds,”](#) *The Washington Post* 11/27/14

[“Farm-to-table movement comes to school cafeterias,”](#) *Marketplace.org* 11/20/14

[“Soda or energy drinks: Which is worse for kids' health?,”](#) *MedicalDaily.com* 11/20/14

[“Soda companies step up their marketing to Black and Latino kids,”](#) *WPBN News* 11/20/14

Physical Activity Articles

[“State aims to get more kids walking to school,”](#) *Daily Herald* 11/29/14

[“You exercise less when you think life isn't fair,”](#) *TIME* 11/20/14

[“Students move and groove to learn,”](#) *Hattiesburg American* 11/20/14

[“Program has more kids walking to school,”](#) *CBS 2 Iowa* 11/19/2014

Funding Opportunities

Food Insecurity Nutrition Incentive (FINI) Grant Program due December 15, 2014

The National Institute of Food and Agriculture (NIFA) requests applications for the [Food Insecurity Nutrition Incentive \(FINI\) Grant Program](#) for fiscal years 2014 and 2015, combined, to support projects to increase the purchase of fruits and vegetables among low-income consumers participating in the Supplemental Nutrition Assistance Program (SNAP) by providing incentives at the point of purchase.

Walk Friendly Community Applications due December 15, 2014

The Walk Friendly Community designation, awarded from bronze to platinum, is given to applicant communities that have demonstrated a commitment to improving and sustaining walkability and pedestrian safety through comprehensive programs, plans, and policies. The program will begin accepting applications for the ninth round on November 3, 2014, with the deadline for submission on December 15, 2014.

2015 Environmental Justice Small Grants due December 15, 2014

The Environmental Protection Agency's (EPA) Office of Environmental Justice has announced the opening of its Request for Applications (RFA) for the 2015 Environmental Justice Small Grants (EJSG) Program. The EJSG Program provides funding for eligible applicants for projects that address local environmental and/or public health issues within an affected community. The total estimated amount of funding available for awards under this solicitation for fiscal year 2015 is approximately \$1,200,000. EPA anticipates awarding up to four grants per EPA region in amounts of up to

\$30,000 per award for a two-year project period.

Build Health Challenge Grant due January 16, 2014

The Bold, Upstream, Integrated, Local, Data-Driven (BUILD) Health Challenge is a national award program designed to support community collaborations that are working to give everyone a fair chance to be healthy. BUILD Health will award up to \$7.5 million in grants, low-interest loans, and program-related investments over two years to strengthen partnerships among hospitals, nonprofits, local health departments, and other community organizations to improve the health of low-income neighborhoods within cities with populations greater than 150,000.

Job Opportunities

The Health Trust is looking for a full time Housing Case Management Specialist

The Housing Case Management specialist is responsible for managing a caseload comprised of clients receiving assistance through the Housing Subsidy Program. The position performs complex, advanced technical and administrative tasks and assists clients in the initial and annual application process; conducts detailed interviews to obtain complete and accurate information; develops and accumulates available housing resources and implements the processes necessary to assist clients secure and maintain stable, safe, and affordable housing and related services in Santa Clara County.

The City and County of San Francisco is looking for a full time Health Program Coordinator III

The Health Program Coordinator II will function as a Drug Medi-Cal Certification Compliance Manager. Duties include conducting annual monitoring site visits and providing technical assistance.

Santa Clara County is looking for a full time Healthcare Program Manager II

Under direction, to plan, direct, coordinate, evaluate, supervise and manage various program services and groups of professional and paraprofessional staff providing health care services within the Santa Clara Valley Health and Hospital System, including remote work sites; to oversee and coordinate contractors providing services in assigned program areas.

Alameda County is looking for a full time Public Information Assistant

Under the general direction of the Public Information Supervisor, assists in the development, maintenance, coordination and marketing of public information for the Hayward Area Recreation and Park District.

E-blasts are sent out every two weeks and posted at http://banpac.org/banpac_announcements.htm.

A special thank you to all that contributed to this e-blast! A big thank you to Thi Ngo, BANPAC Intern. Please send updates that you would like included in upcoming e-blasts to alice.kawaguchi@phd.sccgov.org.

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