



Bay Area Nutrition and Physical Activity Collaborative (BANPAC) November 9, 2015

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Nutrition and Physical Activity Around the Bay

Regional Outdoor Voice Initiative

Parks don't spontaneously appear, trails don't maintain themselves, and even forests need managing. The Bay Area's natural places need us in order to take care of them for us and future generations. A regional initiative called Outdoor Voice is mobilizing Bay Area park users - like you! - to get involved in the places you love. And we're involved because we know this is important.

Sign up to find ways to get involved that best fit your interests, from quick actions you can take at home to outdoor experiences you can share with your whole family. Your "Outdoor Voice" is needed because we all have a role to play in preserving the outdoor places that allow us to escape, relax, and be free.

Learn more...

Boys and Girls Clubs of San Francisco

The Mission clubhouse hosted a Sugar Science Fair in October 2015. Almost 75 Mission Clubhouse youth participated in activities to learn about the negative health effects of over-consuming sugar. Keep up the great work! Read more about their successful Sugar Science Fair here.

BANPAC Update

**2015 BANPAC Healthy Worksite Toolkit

BANPAC introduces the 2015 BANPAC Healthy Worksite Toolkit. The toolkit was adapted from the Santa Clara County Worksite Toolkit and features policy templates for healthy beverages, healthy food, and physical activity promotion. The previous version only focused on implementing healthy beverages, while the 2015 version now includes healthy food and physical activity promotion for a whole approach to worksite wellness. Download the new toolkit here:

http://www.banpac.org/toolkit_HFBPE/section1/1-toolkit_hlthy_worksite_9_14_15.pdf

Tracking Rethink Your Drink Presentations

We ask BANPAC members to track their Rethink Your Drink Presentations so that BANPAC can continue to receive funding to support these efforts. Five to ten minutes of your time to fill out a form to support collaborative efforts across the Bay Area can make a difference. Thank you.

Please track your presentations here:

http://www.banpac.org/banpac_tracking_ryd-sugarsavvy.asp

BANPAC Leadership Council

The next BANPAC Leadership Council meeting will be scheduled for November 18, 2015.

Physical Activity (PA) Subcommittee

The PA Subcommittee is in the process of developing a regional walking challenge. The PA Subcommittee meets the first Thursday of every month; please contact BANPAC@phd.sccgov.org if you would like to become involved with PA activities for BANPAC.

Visit the Bay Area moves Web Portal for physical activity resources:
http://www.banpac.org/banpac_resources_bay_area_moves.htm

Trainings, Events, and Workshops

Urban Farming: Business Models & Marketing Techniques, November 17th, 3pm-5pm

In this workshop, participants will explore different types of urban farming business models and successful marketing techniques. Bay Area urban farmers will be present to discuss a variety of farm business models as well as creative marketing techniques for urban areas. This will take place at the Gill Tract Community Farm at 1050 San Pablo Ave., Albany, CA. The event is free. RSVP to Thea Rittenhouse at thear@ncat.org.

Educational Resources

Understanding Healthy Procurement: Using Governments Purchasing Power to Increase Access to Healthy Food
Change Labs Solutions developed a resource discussing how government agencies can establish policies to improve the nutrition of the food they (or their contractors) buy and serve or sell.

CDC Health and Sustainable Guidelines for Federal Concessions and Vending Operations
The goal of the guidelines is to assist contractors in maximizing a healthier and sustainable food service.

CDC Improving the Food Environment through Nutrition Standards: A Guide for Government Procurement
This document provides guidance to states and localities for use when developing, adopting, implementing, and evaluating a food procurement policy.

CDC Smart Food Choices: How to Implement Food Service Guidelines in Public Facilities
This document will help implement food service guidelines in government work sites or other public facilities to increase the availability of healthier choices at food services venues.

News from Our Partners

Center for Science in the Public Interest (CSPI)

CSPI is asking for 10,000 signatures on a petition to urge UNC not to change the name of one of their clinics to “Krispy Kreme Challenge” Clinic. [Click here to sign the petition.](#)

California Center for Public Health Advocacy (CCPHA)

SB 203 (Monning)- Warning Labels on Sugary Drinks, Status: Eligible for reconsideration in January 2016

The bill would have required that warning labels be placed on sugary drink containers to let consumers know vital information about the health dangers related to what they drink thereby affording Californians a chance to make informed choices about what they purchase.

Sugar Sweetened Beverages Listserv

Last Week Tonight with John Oliver: Sugar (HBO)

John Oliver discusses sugar consumption and devises a trending method for measuring sugar.

Nutrition and Sugar Savvy Articles

“Schools work to lessen wasting lunch food,” *Herald Extra* 10/28/2015

“Creating Community: Veggie Volunteers bring harvest to local schools,” *Parent Express* 10/28/2015

"Even if you read food labels, you may not know where the sugar is," *The Boston Globe* 10/27/2015

"Rutgers dedicates new \$55M institute for food, nutrition and health," *North Jersey.com* 10/27/2015 (New Jersey)**

"Denver food desert raises \$50K for first community-owned grocery store," *Inhabitat* 10/27/2015 (Denver, CO)*

"In 'Soda Politics,' big soda at crossroads of profit and public health," *NPR* 10/27/2015

Physical Activity Articles

"Meridian school unites over fitness program," *Idaho News* 10/28/2015

"Physician-directed weight programs can address the obesity epidemic," *Business Wire* 10/28/2015

"Detroit Medical Center to kick off annual challenge to fight obesity," *Crains Detroit* 10/28/2015

"La Center Middle School students pedal their way to fitness," *The Reflector* 10/28/2015

"Fuel Up to Play 60, SUDIA and C.J. Spiller team for Hometown Grant," *New Orleans Saints* 10/27/2015

"Pinellas P.E. jobs could be eliminated, duties given to classroom instructors," *ABC Action News* 10/27/2015

Funding Opportunities

Youth Garden Grant due December 1, 2015

The 2016 Youth Garden grant is an award designed to support school and youth educational garden projects that enhance the quality of life for students and their communities. Any nonprofit, school, or youth program planning a new garden program or expanding an established one that serves at least 15 youth between ages 3 to 19 is eligible to apply.

School Nutrition and Physical Activity Policies due May 8, 2016

The FOA encourages Research Project Grant (R01) applications that propose to: (1) foster multidisciplinary research that will evaluate how policies (federal, state and school district levels) can influence school physical activity and nutrition environments, youths obesogenic behaviors (e.g., nutrition and physical activity behaviors), and weight outcomes; (2) understand how schools are implementing these policies and examine multi-level influences on adoption and implementation at various levels (e.g., federal, state, school district, and school); and (3) understand the synergistic or counteractive effect of school nutrition and physical activity policies on the home and community environment and body weight.

Voices for Healthy Kids Request for Award accepted on a rolling basis

The Voices for Healthy Kids' Strategic Campaign Fund is awarding grants with a mix of lobbying and non-lobbying resources to support strategic issue advocacy campaigns focused on fighting childhood obesity through state, local, and tribal public policy campaigns aligned with the Voices for Healthy Kids policy priorities outlined above. Applications must be specific to an individual campaign for public policy change in one state, local or tribal geographic location.

Shopko Community Charitable Grants accepted on a rolling basis

Shopko Foundation recognizes that education is fundamental to an individual's health and functionality in society. To achieve its vision, the Shopko Foundation believes in supporting community projects that may be accessed by, and our contribution made well known to, customers and teammates of Shopko. Funds will support established non-profit organizations with a proven record of success in maintaining solid, critical programs or innovative new organizations and programs supported by established non-profits or successful leadership. Consideration will be given to grant proposals that: help citizens of all ages maintain or improve their physical health; and, help students succeed in school and become self-sufficient adults.

Job Opportunities

Part time Peer Educators, Alameda County Nutrition Services

Alameda County is seeking peer health educators to bring nutrition education into their neighborhoods to help reduce the risk of many chronic diseases. The peer educators perform outreach, recruitment and retention activities to low income residents of Alameda County and provide workshops to the residents.

Director of Public Health, Policy and Planning, San Mateo County

The Public Health Director will lead the development, monitoring and operations of countywide public health programs. Current programmatic responsibilities include: oversight of long-term policy initiatives focused on building healthy

equitable communities; communicable disease, STD/HIV, and tuberculosis control programs; stationary and mobile public health clinics; a public health laboratory; vital statistics; animal licensing and control; epidemiology and administrative and financial functions.

Community Educator Specialist 1, UC Cooperative Extension-Alameda

The position will conduct nutrition education related group teachings and community events and activities; food and physical activity demonstrations; and distribute nutrition and food access information to the families and individuals in UC CalFresh Nutrition Education Program targeting populations in Alameda County.

E-blasts are sent out every month and posted at http://banpac.org/banpac_announcements.htm.

A special thank you to all that contributed to this e-blast! Please send updates that you would like included in upcoming e-blasts to BANPAC@phd.sccgov.org by the first Friday of each month.

BANPAC Leadership Council
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www.banpac.org



The Bay Area Nutrition and Physical Activity Collaborative is supported by a group of dedicated volunteers from the nine Bay Area counties and is funded by Kaiser Permanente.

