



Bay Area Nutrition and Physical Activity Collaborative (BANPAC) October 20, 2015

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Nutrition and Physical Activity Around the Bay

Dear Members,

It's been quite an exciting few months for the BANPAC Leadership Council. We are still elated from the response we received at the September membership meeting about our new focus on supporting local policy efforts to reduce sugary drink consumption. The work you all do is tremendously important to the future success of BANPAC - whether it's strengthening individual awareness and skills, promoting community education through awareness campaigns, educating providers with trainings of trainers, or changing organizational practices through healthy beverage and policies. BANPAC has a tremendous track record, and is aptly prepared to tackle its new goal of supporting "Big P" policies to ensure that Bay Area youth will live and thrive in sugary drink-free environments!

In addition, the Leadership Council continues its business of determining our new governance structure and processes for communicating with our membership. Stay tuned for more and if you have any questions, please contact BANPAC@phd.sccgov.org.

Best wishes,

Lizzie Velten and Marianne Szeto
(Chair and Vice Chair, BANPAC Leadership Council)

BANPAC Update

Tracking Rethink Your Drink Presentations

We ask BANPAC members to track your Rethink Your Drink Presentations so that BANPAC can continue to receive funding to support these efforts. Five to ten minutes of your time to fill out a form to support collaborative efforts across the Bay Area can make a difference.

Please track your presentations here:

http://www.banpac.org/banpac_tracking_ryd-sugarsavvy.asp

BANPAC Leadership Council

The next BANPAC Leadership Council meeting will be scheduled for October 21, 2015 in Oakland.

Physical Activity (PA) Subcommittee

The PA Subcommittee is in the process of developing a regional walking challenge. The PA Subcommittee meets the

first Thursday of every month; please contact BANPAC@phd.sccgov.org if you would like to become involved with PA activities for BANPAC.

Trainings, Events, and Workshops

Food Day 2015: Toward a Greener Diet, October 24

This year's Food Day will celebrate a green and healthy diet that is packed with fruits, veggies, whole grains, and lean sources of protein, and that is produced with care for the environment, farm animals, and the people who grow, harvest, and serve it. A greener diet is beneficial to both human health and to the environment. It leads to less chronic disease, better soil, more and cleaner water, and cleaner air.

Creating Sustainable Changes Webinar on School Wellness, October 27, 2015 12pm-1pm hosted by Kaiser Permanente
Learn ideas to make employee wellness part of the culture in your school and district.

Latino Health Conference 2015, October 30-31

The 2015 Latino Health Conference seeks to address health disparities in the Latino/Hispanic community by sharing evidence-based practices and clinical research, promoting diversity in the healthcare workforce and creating linkages between community health organizations and healthcare providers. Conference participants will receive evidence based strategies, practices tips, tools, and patient education resources to improve their clinical practice and patient care.

Educational Resources

Share the Love, Share the Water

UCSF Sugar Science developed a 3 minute video to promote drinking water. The video includes information about the dangers of soda and other sugar-sweetened beverages.

Whole School, Whole Community, Whole Child

The Whole School, Whole Community, Whole Child (WSCC) model combines and builds on elements of the traditional coordinated school health approach and the whole child framework.

Dabbling in the Data: A Hands-on Guide to Participatory Data Analysis

The guide provides a gentle introduction to practical approaches to explore and analyze data commonly used in youth-serving organizations.

News from Our Partners

California Center for Public Health Advocacy

Time to Eat: Lunchtime Supports Learning

Bill No. AB 292, Author: Santiago, **Status: Failed to meet the committee deadline for 2015.**

AB 292 would ensure that CA students have adequate time to eat lunch. Specifically, the 20 minutes of recommended time after being served. Many students miss out on the benefits of school lunch due to time pressures, such as long lines and wait times, insufficient points of service and scheduling constraints. When students don't have enough time to eat lunch they miss out on the full benefits of nutritious school meals.

Nutrition Incentive Matching Grant Program

Bill No. AB 1321, Author: Ting, **Status: Signed into law by Governor**

AB 1321 would create a statewide consumer incentive program for purchasing healthy fruits and vegetables, benefitting low-income families and California's economy.

Nutrition and Sugar Savvy Articles

"Kids are more likely to eat vegetables if they don't like their entrée, study says," *The Daily Meal* 10/14/2015

"CSD's Farm to School program changes definition of traditional cafeteria food," *Decaturish* 10/14/2015

"Co-op meets food desert: Cash-strapped volunteers get a discount on groceries," *Takepart* 10/14/2015

"Denver neighborhood without supermarket has unique solution," *News 9 Denver* 10/14/2015

[“Tom Brady Calls Coca-Cola ‘Poison for Kids’”](#), *The Wall Street Journal* 10/12/2015

Physical Activity Articles

[“Sitting for long periods doesn’t make death more imminent, study suggest,”](#) *The Washington Post* 10/14/2015

[“Exercise and gardening programs as tools to reduce community violence,”](#) *JAMA* 10/13/2015

[“Program moves forward with grants from Fuel Up to Play 60,”](#) *Standard Journal* 10/13/2015

[“Montville students lead wave of exercise,”](#) *NJ.com* 10/12/2015

Funding Opportunities

[Play 30 Play On Grant due October 19, 2015](#)

This grant is sponsored by the 50 Fund, the NFL Foundation and KaBOOM! The grants range from \$2,000 to \$150,000 and are aimed to support the creation of playful transformations of sidewalks and spaces that encourage kids’ active play.

[School Garden Grants due October 31, 2015](#)

Whole Kids Foundation created the School Garden Grant Program in partnership with FoodCorps to provide a \$2,000 monetary grant to fund school gardens and related activities. The School Garden Grant program provides a \$2,000 monetary grant to a K-12 school, or a nonprofit working in partnership with a K-12 school, to support a new or existing edible garden on school grounds. The application window will be open from September 1 - October 31, 2015.

[Building Healthy, Equitable Communities due November 6, 2015](#)

Get Healthy San Mateo County awards funding to community and faith-based organizations, nonprofits, public agencies, and schools for place-based primary prevention and healthy equity efforts. The focus of the funding is to improve people’s lives by building healthy, equitable communities where all residents, regardless of income, race/ethnicity, age, ability, immigration status, sexual orientation, or gender have the opportunity to reach their full potential.

[School Nutrition and Physical Activity Policies due May 8, 2016](#)

The FOA encourages Research Project Grant (R01) applications that propose to: (1) foster multidisciplinary research that will evaluate how policies (federal, state and school district levels) can influence school physical activity and nutrition environments, youths obesogenic behaviors (e.g., nutrition and physical activity behaviors), and weight outcomes; (2) understand how schools are implementing these policies and examine multi-level influences on adoption and implementation at various levels (e.g., federal, state, school district, and school); and (3) understand the synergistic or counteractive effect of school nutrition and physical activity policies on the home and community environment and body weight.

[Voices for Healthy Kids Request for Award accepted on a rolling basis](#)

The Voices for Healthy Kids’ Strategic Campaign Fund is awarding grants with a mix of lobbying and non-lobbying resources to support strategic issue advocacy campaigns focused on fighting childhood obesity through state, local, and tribal public policy campaigns aligned with the Voices for Healthy Kids policy priorities outlined above. Applications must be specific to an individual campaign for public policy change in one state, local or tribal geographic location.

[Shopko Community Charitable Grants accepted on a rolling basis](#)

Shopko Foundation recognizes that education is fundamental to an individual's health and functionality in society. To achieve its vision, the Shopko Foundation believes in supporting community projects that may be accessed by, and our contribution made well known to, customers and teammates of Shopko. Funds will support established non-profit organizations with a proven record of success in maintaining solid, critical programs or innovative new organizations and programs supported by established non-profits or successful leadership. Consideration will be given to grant proposals that: help citizens of all ages maintain or improve their physical health; and, help students succeed in school and become self-sufficient adults.

Job Opportunities

Master Gardener Program Coordinator in Alameda/ Contra Costa, University Of California

The CES 3 Master Gardener Program Coordinator provides day-to-day oversight of all program efforts including: development and implementation of local programming; volunteer management; compliance with health and safety regulations; public education and outreach; demonstration and annual plant sale nursery site management; inter- and intra- agency partnerships; program evaluation; fundraising; fiscal control/compliance in accordance with University of California policies and procedures.

Media Advocacy Trainer, Berkeley Media Studies Group

As part of the BMSG training team, the trainer will develop and conduct media advocacy trainings for public health advocates and community groups working on a range of issues, including violence prevention, nutrition and physical activity, tobacco control, health equity, reproductive health, and more.

Project Manager I, Kaiser Permanente in San Jose

Responsible for providing leadership to a team committed to achieving specified goals of a project. Provides high quality and cost effective project management, analytic support services and technical expertise for a broad array of issues. This is the first job in a three (3) level Project Manager Ladder. At the entry level, a Project Manager may lead projects that impact a single functional area or service area. It is responsible for working on problems of moderate scope where analysis of data requires evaluation of identifiable factors. Position will exercise judgment within defined procedures and practices to determine appropriate action.

Program Coordinator, Health Quality and Systems Improvement, American Heart Association in Burlingame

Under general supervision, the Quality and Systems Improvement (QSI) Program Coordinator will ensure the success of various affiliate-wide Mission-related projects and support QSI team across our ten-state affiliate through effective communication; project management and organizational, administrative, and marketing activities.

E-blasts are sent out every two weeks and posted at http://banpac.org/banpac_announcements.htm.

A special thank you to all that contributed to this e-blast! Please send updates that you would like included in upcoming e-blasts to BANPAC@phd.sccgov.org.

BANPAC Leadership Council

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www.banpac.org



The Bay Area Nutrition and Physical Activity Collaborative is supported by a group of dedicated volunteers from the nine Bay Area counties and is funded by Kaiser Permanente.

