



Bay Area Nutrition and Physical Activity Collaborative (BANPAC) September 9, 2015

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Nutrition and Physical Activity Around the Bay



Sausalito Marin City School District is the First in the Nation to serve 100% Organic, Non GMO Meals

Congratulations for Marin City School District for their healthy accomplishment of serving 100% organic meals! The project was piloted in partnership with Turning Green in 2013. This year the program will serve sustainably sourced meals to 500 students in the school district. [Click here to read more about the program.](#)

BANPAC Update

Register Today!

BANPAC Celebration and Future Direction Quarterly Meeting

Date: September 18, 2015

Time: 10am-12pm

Location: Elihu Harris Building, 1515 Clay St, Oakland, CA 94612

BANPAC has had a major impact on reshaping the Bay Area's health outcomes and expectations over the last 10 years.

Join us on September 18th to celebrate those successes! The Leadership Council will also unveil plans to sustain BANPAC when funding ends on September 30th. This is your chance to provide insight and input on those initial plans!

Pledge the Practice! Pass the Policy! Recruitment

Do you know of any organizations interested in passing an organizational wellness policy? BANPAC can help! Healthy Worksites help to: prevent chronic diseases, improve the health of your workforce, and create a healthier work environment. BANPAC will provide technical assistance and free educational resources to organizations that are interested in passing 100% Healthy Beverage and Physical Activity Promotion policies. Every organization that passes a policy with BANPAC will receive recognition in the e-blasts and at the BANPAC meetings. For more information, please contact Jaime Flores at Jaime.flores@phd.sccgov.org or 408-793-2777.

BANPAC is distributing free materials to the membership!

Listed below are the items that are available. Please email thi.ngo@phd.sccgov.org with the item name, quantity, and mailing address to request materials. These will be distributed on a first-come, first-serve basis.

- 100 Potter the Otter Books (English/Chinese)
- 750 Potter the Otter Books (English/Vietnamese)
- 1350 Potter the Otter Cutouts
- 2000 Potter the Otter postcards/handouts
- 7500 Pyramid Power-Dexter and Martina Books
- 250 Lee the Bee Books

Tracking Rethink Your Drink Presentations

Congratulations to Gwenn White from Contra Costa County for winning a \$15 gift card raffle for tracking Rethink Your Drink presentations, workshops, and exhibits. Please enter all your RYD activities from July, August, and September to be entered into the next raffle at the September Promising Practices Sharing Forum:

http://www.banpac.org/banpac_tracking_ryd-sugarsavvy.asp

BANPAC Leadership Council

The next BANPAC Leadership Council meeting is Wednesday, September 23, 2015 from 12pm – 5pm at the Public Health Institute office in Oakland.

Physical Activity (PA) Subcommittee

The PA Subcommittee is in the process of developing a regional walking challenge. The PA Subcommittee meets the first Thursday of every month; please contact thi.ngo@phd.sccgov.org if you would like to become involved with PA activities for BANPAC.

Trainings, Events, and Workshops

Social Media Workshop, September 10, 1:30-2:30pm hosted by Santa Clara County-United for Health

In today's changing landscape of new media and communication tools, it helps to have an expert to assist in guiding the way. **Partnerships to Improve Community Health** is pleased to present a Social Media Workshop for our partners and the community with John Snow Inc. (JSI). JSI is a public health consulting firm working on domestic and global issues to improve the health of vulnerable and underserved populations. To sign up, please email Jyll Stevens at jyll.stevens@phd.sccgov.org.

10th Annual Food Assistance Training, September 22, 8:30am-12pm hosted by the Santa Clara County

At this interactive training participants will earn or update their knowledge on current food assistance programs. They will interact with experts who will provide up-to-date information on food assistance programs and gain insight on how best to access local services to assist clients in obtaining and maintaining benefits.

Physical Activity Leader Training October 7, 2015 from 8:30am-4pm hosted by Vacaville Unified School District

This is a no-cost training for all school teachers, school administrators, community agency staff, and parents who want

to help schools provide more physical activity options for students. For more information contact David Saunders at dsaunders@cde.ca.gov.

Sunday Streets Berkeley, October 18, 2015 from 11am-5pm

Sunday Streets is also called Open Streets, where streets are closed to vehicles for a day so that people may use the space for other physical and social activities.

Food Day 2015: Toward a Greener Diet, October 24

This year's Food Day will celebrate a green and healthy diet that is packed with fruits, veggies, whole grains, and lean sources of protein, and that is produced with care for the environment, farm animals, and the people who grow, harvest, and serve it. A greener diet is beneficial to both human health and to the environment. It leads to less chronic disease, better soil, more and cleaner water, and cleaner air.

Educational Resources

How to Permanently Improve Government Through Health In All Policies

This comprehensive toolkit is intended for anyone interested in building healthier communities through more collaborative and efficient policymaking, and includes best practices and lessons learned from community leaders who are doing exactly that.

News from Our Partners

California Center for Public Health Advocacy

Time to Eat: Lunchtime Supports Learning

Bill No. AB 292, Author: Santiago, **Status: Referred to the Senate Appropriations Committee**

AB 292 would ensure that CA students have adequate time to eat lunch. Specifically, the 20 minutes of recommended time after being served. Many students miss out on the benefits of school lunch due to time pressures, such as long lines and wait times, insufficient points of service and scheduling constraints. When students don't have enough time to eat lunch they miss out on the full benefits of nutritious school meals.

Nutrition Incentive Matching Grant Program

Bill No. AB 1321, Author: Ting, **Status: Passed all committees. Awaiting Assembly floor vote.**

AB 1321 would create a statewide consumer incentive program for purchasing healthy fruits and vegetables, benefitting low-income families and California's economy.

Nutrition and Sugar Savvy Articles

"Boys & Girls Clubs of Southern Nevada are back to school and back to gardening," *Vegas News* 8/28/2015

"CDC: More fruits, less sodium in school meals," *American Heart Association News* 8/27/2015

"Small stores that accept food stamps lack healthy options," *American Heart Association News* 8/27/2015

"Mobile app helps students and parents navigate school meals and dietary plans," *Suwannee Democrat* 08/24/2015

"Some kids growing their own veggies for school lunch," *Radio Iowa* 08/24/2015

"Coke tries to sugarcoat the truth on calories," *The New York Times* 08/14/2015

"Just what the doctor ordered: Jaime Oliver declares war on sugar" *The Guardian* 8/29/2015

Physical Activity Articles

"NFL Play 60 in Stadium Park encourages kids to fight obesity by staying active, eating healthy," *The Repository* 8/29/2015

"Team 10: Mapping school zone crashes in San Diego," *ABC 10* 8/27/2015

"Refurbished walking trail reopened at Vicksburg's City Park," *The Vicksburg Post* 08/21/2015

"Community partners helps kids walk to school with safe routes," *Kearney Hub* 08/26/2015

"Kids get a healthy, new opportunity to bike and walk to school," *Tanner Health System* 08/24/2015

Funding Opportunities

Target Field Trip Grants due September 30, 2015

Target stores award Field Trip Grants to K-12 schools nationwide. Each grant is valued up to \$700.

School Garden Grants due October 31, 2015

Whole Kids Foundation created the School Garden Grant Program in partnership with FoodCorps to provide a \$2,000 monetary grant to fund school gardens and related activities. The School Garden Grant program provides a \$2,000 monetary grant to a K-12 school, or a nonprofit working in partnership with a K-12 school, to support a new or existing edible garden on school grounds. The application window will be open from September 1 - October 31, 2015.

School Nutrition and Physical Activity Policies due May 8, 2016

The FOA encourages Research Project Grant (R01) applications that propose to: (1) foster multidisciplinary research that will evaluate how policies (federal, state and school district levels) can influence school physical activity and nutrition environments, youths obesogenic behaviors (e.g., nutrition and physical activity behaviors), and weight outcomes; (2) understand how schools are implementing these policies and examine multi-level influences on adoption and implementation at various levels (e.g., federal, state, school district, and school); and (3) understand the synergistic or counteractive effect of school nutrition and physical activity policies on the home and community environment and body weight.

Voices for Healthy Kids Request for Award accepted on a rolling basis

The Voices for Healthy Kids' Strategic Campaign Fund is awarding grants with a mix of lobbying and non-lobbying resources to support strategic issue advocacy campaigns focused on fighting childhood obesity through state, local, and tribal public policy campaigns aligned with the Voices for Healthy Kids policy priorities outlined above. Applications must be specific to an individual campaign for public policy change in one state, local or tribal geographic location.

Shopko Community Charitable Grants accepted on a rolling basis

Shopko Foundation recognizes that education is fundamental to an individual's health and functionality in society. To achieve its vision, the Shopko Foundation believes in supporting community projects that may be accessed by, and our contribution made well known to, customers and teammates of Shopko. Funds will support established non-profit organizations with a proven record of success in maintaining solid, critical programs or innovative new organizations and programs supported by established non-profits or successful leadership. Consideration will be given to grant proposals that: help citizens of all ages maintain or improve their physical health; and, help students succeed in school and become self-sufficient adults.

Job Opportunities

4-H Program Coordinator, UC Cooperative Extension in Santa Clara County

The program coordinator will coordinate and monitor the daily activities of the 4-H Program; be responsible for fiscal oversight and monitoring compliance of 4-H enrollments; process facility use agreements and in collaboration with the 4-H Youth Development Program Advisor, conduct evaluation to measure program effectiveness. Position will handle day to day office inquiries and provide general program and procedural assistance.

Coordinator of Health and Wellness, Santa Clara Unified School District

Under the direction of the Assistant Superintendent of Education Services, the Coordinator of Student Services – Health and Wellness will lead the district initiatives to improve the health and wellness of all students of Santa Clara Unified School District. The coordinator is responsible for providing proactive assistance to school site personnel, parents, and community in the areas of student support, early intervention and prevention for students with significant needs in academic, social and behavioral areas.

Manager Health Education, Kaiser Permanente in Vacaville

Directs the delivery of comprehensive health education services across the continuum of care within a medical center or satellite facility. Manages the overall operations of the department, ensures compliance with regulatory agencies. Collaborates with administrators, physicians, and staff on health education policies and preventive health strategies.

Health Science Specialist, Department of Veterans Affairs in Martinez

The Deputy Associate Chief of Staff for Research (Deputy ACOS-R) is a Health Science Specialist who reports to the Office of the Associate Chief of Staff (ACOS) for Research. In collaboration with, and under the guidance of the ACOS, the Deputy ACOS for Research formulates the goals and objectives of the research program for the VA Northern California Health Care System. The Deputy ACOS-R is responsible for initiating policies, procedures and organizational structures necessary to achieve the stipulated goals. The Deputy is responsible for planning, developing and directing the complex scientific and administrative activities necessary to advance the program, and to direct and manage VA Research space and equipment. The Deputy is responsible for compliance with both VISN- and VACO-mandated research policies including those issued by the Office of Research and Development (ORD) and the Office of Research Oversight (ORO) which includes accreditation of the Program by the Association for the Accreditation of Human Research Protection Programs (AAHRPP).

Planner/Evaluator, Health and Human Services in Marin County

This is an administrative position responsible for program planning, evaluation and contract monitoring, including performing quality assurance activities, assessing compliance with relevant laws and policies, writing reports, and making policy and program recommendations to Division management and contractors. The position will also be responsible for assisting in system and program-level strategic planning efforts, providing training and technical assistance to community partners, and assisting with implementation and monitoring of Drug/Medi-Cal services.

E-blasts are sent out every two weeks and posted at http://banpac.org/banpac_announcements.htm.

A special thank you to all that contributed to this e-blast! Please send updates that you would like included in upcoming e-blasts to alice.kawaguchi@phd.sccgov.org.

Funded by California Dept. of Public Health's Nutrition Education and Obesity Prevention Branch and Kaiser Permanente.

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