

Pledge the Practice!

Pass the Policy!

**Pass the Policy!**

Implementing a Healthy Beverage Policy:

Beverage availability Assessment Tool

November 2012

Adapted from:

Generations Community Wellness: Wellness Policy Toolkit

Boston Public Health Commission: Healthy Beverage Toolkit

“Pledge the Practice! Pass the Policy” and this toolkit funded by a generous grant from Kaiser Permanente.

****

**Prepared By:**

PH_logo_CMYK_Tagline.epsThe BANPAC Leadership Council   
(Bay Area Nutrition and Physical Activity Collaborative)

Lisa Craypo, Ad Lucem Consulting

Angela Schultz, BioMarketects

*Santa Clara County Public Health Department is the lead agency for BANPAC,   
the Bay Area Nutrition and Physical Activity Collaborative.*

## Beverage Availability Assessment Tool

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Answer Y, N, or NA | | Staff meetings  & events | | | Public/client/  community  meetings & events | | | Cafeteria | | | Vending machines | | | Staff room | | | Coffee shop/  gift shop | | | Snack bar | | | Other  (Describe) |
| Beverages sold in this location? |  | | |  | |  | | | |  | |  | | | |  | | |  | |  | | |
| Beverages served/ provided for free in this location? |  | | |  | |  | | | |  | |  | | | |  | | |  | |  | | |
| Types of beverages  For each location check the beverage types available: | | | | | | | | | | | | | | | | | | | | | | | |
| Coffee/Tea Drinks (Unsweetened) |  | | |  | |  | | | |  | |  | | | |  | | |  | |  | | |
| Coffee/Tea Drinks (Sweetened) |  | | |  | |  | | | |  | |  | | | |  | | |  | |  | | |
| Energy Drinks |  | | |  | |  | | | |  | |  | | | |  | | |  | |  | | |
| Diet Energy Drinks |  | | |  | |  | | | |  | |  | | | |  | | |  | |  | | |
| Hot Chocolate |  | | |  | |  | | | |  | |  | | | |  | | |  | |  | | |
| 100% Juice |  | | |  | |  | | | |  | |  | | | |  | | |  | |  | | |
| Sweetened Juice/  Fruit Drinks |  | | |  | |  | | | |  | |  | | | |  | | |  | |  | | |
| Plain Milk |  | | |  | |  | | | |  | |  | | | |  | | |  | |  | | |
| Sweetened/  Flavored Milk |  | | |  | |  | | | |  | |  | | | |  | | |  | |  | | |
| Sweetened/Flavored  Non-Dairy Milk (ie soy, rice, almond milk) |  | | |  | |  | | | |  | |  | | | |  | | |  | |  | | |
| Answer Y, N, or NA | **Staff meetings**  **& events** | | **Public/client/**  **community**  **meetings & events** | | | | **Cafeteria** | | **Vending machines**  **(Indicate # of machines)** | | | | **Staff room** | | **Coffee shop/**  **gift shop** | | | **Snack bar** | | | | Other  (Describe) | |
| Smoothies 100% Juice or Fruit |  | | |  | |  | | | |  | |  | | | |  | | |  | |  | | |
| Smoothies-Sweetened |  | | |  | |  | | | |  | |  | | | |  | | |  | |  | | |
| Sodas |  | | |  | |  | | | |  | |  | | | |  | | |  | |  | | |
| Diet Sodas |  | | |  | |  | | | |  | |  | | | |  | | |  | |  | | |
| Sports Drinks |  | | |  | |  | | | |  | |  | | | |  | | |  | |  | | |
| Diet Sports Drinks |  | | |  | |  | | | |  | |  | | | |  | | |  | |  | | |
| Plain Water |  | | |  | |  | | | |  | |  | | | |  | | |  | |  | | |
| Sweetened/Flavored Water with Calories |  | | |  | |  | | | |  | |  | | | |  | | |  | |  | | |
| Sweetened/Flavored Water No Calories |  | | |  | |  | | | |  | |  | | | |  | | |  | |  | | |
| Other Describe  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |  | | |  | |  | | | |  | |  | | | |  | | |  | |  | | |
| Other Describe  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |  | | |  | |  | | | |  | |  | | | |  | | |  | |  | | |
| Other Describe  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |  | | |  | |  | | | |  | |  | | | |  | | |  | |  | | |
| Other Describe  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |  | | |  | |  | | | |  | |  | | | |  | | |  | |  | | |

Number of vending machines\_\_\_\_\_\_\_\_