

Rudsdale Continuation

Rudsdale Continuation High School Oakland Unified School District 100% Healthy Beverage and Physical Activity Policies

Oakland Unified School District's Rudsdale Continuation School is a voluntary program dedicated to providing educational options for students sixteen to eighteen years old who are at risk of not graduating from comprehensive high schools. Serving 20 staff and 160 students, Rudsdale welcomed a BANPAC partnership with open arms and with a readiness for change.

In January 2016 Rudsdale passed 100% Healthy Beverage and Physical Activity Policy. It was a difficult transition, as soda was often served at staff meetings, but now staff are feeling more excited and love that they have access to the Britta filtered water. They even decided to go above and beyond and no longer serve diet soda! They look forward to moving towards including Healthy Food Policy, but are taking it one bite at a time for now.



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