



Leah's Pantry - Success Story

Leah's Pantry is a San Francisco based nonprofit whose mission is to promote healthier lives and prevent disease among underserved populations through innovative nutrition programs through in person cooking education programming and online tools. With active programs both in San Francisco and San Diego, Leah's Pantry staff serves over 1,500 clients annually with in person classes and hundreds of thousands through online tools and social media.

Leah's Pantry, as an organization supports and promotes healthy living and healthy communities both amongst their staff and with the clients they serve. Although they already have a strong internal culture of eating well, drinking water, and being physically active; this year, Leah's Pantry decided to take the next step and adopted Work-site Wellness policies to enhance their culture of health. By adopting and implementing 100% Healthy Beverage, Healthy Food and Physical Activity policies, staff report feeling, "more empowered to make other small changes to our worksite, like getting standing desks and walking more."

Congrats to Leah's Pantry for bringing wellness to their work-site and clients!