

Fresh Fruit Infused Water Recipes

Some fruits and vegetables you might want to try alone or in combination with other fruits:

- orange
- lemon
- lime
- watermelon
- cantaloupe
- cucumber
- mango
- pineapple
- berries - either single berry or mixed berries

Citrus Cucumber Water

- One large lemon, sliced
- One large lime, sliced
- One large orange, sliced
- One large cucumber, sliced
- One half gallon of water

Place all fruits and vegetables in a glass pitcher and add water. Allow to infuse for two hours before serving over ice.

Orange Mint Water

- Three large oranges, sliced
- Ten mint leaves
- One half gallon of water

Place mint and orange slices in a pitcher and add water. Infuse for two hours in the refrigerator. Pour over ice and serve garnished with an orange slice and a sprig of mint.



Cucumber Melon Water

- One large cucumber, sliced
- 1/4 honeydew melon, cubed
- 1/4 cantaloupe, cubed
- One half gallon of water

Place melon and cucumber in a glass pitcher and add water. Allow to rest, refrigerated, for two hours and then serve over ice. Garnish with melon balls skewered on a swizzle stick.

Watermelon Basil Water

- 2 cups of seedless watermelon, cubed
- Ten to 12 basil leaves
- One half gallon of water

Pour water over melon and basil. Refrigerate for two hours and then serve over ice, garnished with a sprig of basil.

Citrus Coriander Water

- One large lemon, sliced
- One large lime, sliced
- One large orange, sliced
- 1/4 cup cilantro leaves

Pour water over citrus fruits and cilantro. Refrigerate for two hours. Serve over ice and garnish with an orange slice and sprig of cilantro.



Lemon Lavendar Water

- Three large lemons, thickly sliced
- 1/4 cup fresh lavender
- One half gallon of water

Pour water over the lemons and lavender. Refrigerate for two hours and serve over ice, garnished with a sprig of lavender.

Honeydew Lime Water

- 2–3 slices of ripe honeydew melon
- 1 lime, sliced
- 4 sprigs of mint
- 1 half-gallon of water

Add melon slices, lime slices and mint sprigs to a large pitcher; fill with the half-gallon of water and refrigerate 2–4 hours. Serve in ice-filled glasses.

Rosemary Berry Water

- 1 cup fresh blueberries, lightly crushed
- 2 4–inch sprigs of fresh rosemary, lightly bruised (to release more flavor)
- 1 half-gallon of water

Add blueberries and rosemary sprigs to a large pitcher; fill with the half-gallon of water and refrigerate 2–4 hours. Serve in ice-filled glasses.



Frozen Fruit Water

- 2 cups frozen apple chunks, grapes, or berries
- 1 half-gallon of water

Add frozen fruit to a pitcher; pour water over fruit and let sit at least 30 minutes in the refrigerator. Stir to distribute fruit flavor and serve in glasses with some ice cubes. (Note: you can chop up the same kind of fruit, unfrozen, and follow same directions. You'll need to use more ice when serving the unfrozen fruit-flavored water).

Strawberry Water

- 4 sliced strawberries
- 8 fresh cucumber slices
- 1 half-gallon water

In a large pitcher, add 4 sliced strawberries and 8 cucumber slices; fill with the half-gallon of water and refrigerate 2–4 hours. Serve in ice-filled glasses.

Strawberry Pineapple Fusion Water

- One cored pineapple
- One carton of strawberries (sliced)
- Ice and Water

In a large pitcher, add one cored pineapple and a carton of sliced strawberries; fill with the half-gallon of water and refrigerate 2–4 hours.

