



# YOU WOULDN'T EAT 22 PACKS OF SUGAR\*. WHY ARE YOU DRINKING THEM?

\*Sugar in a 20-oz. soda.  
Calculation based on a  
3 gram sugar packet.

Sugar-loaded drinks may lead to obesity,  
type 2 diabetes, heart disease and  
some cancers.

[www.CaliforniaProjectLEAN.org](http://www.CaliforniaProjectLEAN.org)

