

CA4HEALTH ADHERENT BEVERAGES

ACROSS 12 COUNTIES

Prepared by Samuels & Associates

This list of beverages was compiled using data collected by 12 counties participating in the CA4HEALTH project. This is not a comprehensive list and is meant to provide examples of adherent beverages that were documented during baseline data collection. Adherence is based on current nutrition information in the FoodBEAMS database, but nutrition information is subject to change as beverage companies are constantly making changes to the beverages they sell.

STANDARD	CATEGORY	BEVERAGE NAME
Adult	100% Juice	Langer's - Mixed Berry 7 Juice Blend
		Naked - 100% Coconut Water
		Vita Coco - Pure Coconut Water With Acai & Pomegranate
	Coffee Drink	Welch's - Apple
		Don Francisco - Columbia Supremo
		Farmer Brother's - Medium Roast
		Folger's - Breakfast Blend Coffee
		Folger's - Classic Roast
		Folger's - Coffee - Decaf
		Folger's Coffee Singles - Classic Roast
		Great Value - Classic Roast
		Highland Estates - Bold Coffee
		Highland Estates - Decaf Coffee
		Kirkland - Decaffeinated Coffee
		Kirkland Coffee - Dark Roasted
		Nescafe - Cap Colombie
		Nescafe - Espresso Roast
		Nescafe - Gold Blend Decaff
		Starbucks - Caffe Americano
		Starbucks - Light Espresso
		Starbucks - Pike Place Roast Coffee
		Starbucks Refresher - Raspberry Pomegranate
		Unbranded - Americano
Unbranded - Cafe Latte		

STANDARD	CATEGORY	BEVERAGE NAME
Adult	Coffee Drink	Unbranded - Cappuccino
		Unbranded - Coffee
		Unbranded - Coffee - Decaf
		Unbranded - Coffee - With Lightener
		Unbranded - Coffee With Sugar Substitute
		Unbranded - Coffee With Sugar Substitute & Lightener/Creamer
		Unbranded - Espresso
		Unbranded - Premium Blend Coffee
	Diet Beverage	7up - Diet
		A&W - Diet Root Beer
		Coca Cola - Diet Splenda
		Coke/Coca Cola - Cherry Zero
		Coke/Coca Cola - Zero
		Diet Coke - Cherry
		Diet Coke - With Lime
		Diet Coke
		Diet Mountain Dew
		Diet Pepsi - Caffeine Free
		Diet Pepsi - Wild Cherry
		Diet Pepsi
		Dr. Pepper - Diet
		Dr. Pepper - Diet Caffeine Free
		Glaceau Vitamin Water Zero - Go-Go Mixed Berry
		Glaceau Vitamin Water Zero - Recoup Peach Mandarin
		Glaceau Vitamin Water Zero - Rise Orange
		Glaceau Vitamin Water Zero - Squeezed Lemonade
		Glaceau Vitamin Water Zero - XXX - Acai Blueberry Pomegranate
		Hansen's - Tangerine Lime
		Pepsi - Max
		Sierra Mist - Diet
		Sprite - Zero
	Sunkist - Diet Orange	
	Energy Drink	Monster - Absolutely Zero
		Neuro - Sonic
	Juice Drink	Izze - Sparkling Blackberry
		Izze - Sparkling Clementine
		Izze - Sparkling Grapefruit
		Izze - Sparkling Pomegranate
		Sobe - Lifewater - 0 Calorie - Blood Orange Mango
		Sobe - Lifewater B-Energy Black Cherry Dragonfruit

STANDARD	CATEGORY	BEVERAGE NAME
Adult	Juice Drink	Sobe 0 Calorie Lifewater - Acai Raspberry
		Sobe 0 Calorie Lifewater - Kiwi Cherimoya
		Sobe Lifewater - Black And Blue Berry - 0 Cal - Antioxidants
		Sobe Lifewater - Cherimoya Punch Lean Machine - 0 Cal
		Sobe Lifewater - Fuji Apple Pear - 0 Cal - Lean Machine
		Sobe Lifewater - Strawberry Apricot B - Energy
		Sobe Lifewater - Yumberry Pomegranate 0cal Antioxidant
	Milk	Crystal - 1% Low Fat Milk
		Lactaid - Calcium Enriched Fat Free Milk
	Other	Neuro - Bliss
		Neuro - Passion
		Neuro - Sun
	Soda	O.N.E. - Coconut Water - Plain
		Schweppes - Club Soda
	Sports Drink/ Electrolyte Beverage	Powerade - Zero - Mixed Berry
	Tea Drink	Arizona - Diet Green Tea With Ginseng
		Lipton - Diet Iced Tea - Green Tea - With Citrus
		Lipton - Pureleaf Iced Tea - Unsweetened
		Numi Organic Tea - Aged Earl Grey
		Numi Organic Tea - Berry Black
		Numi Organic Tea - Breakfast Blend
		Numi Organic Tea - Chamomile Lemon Tea
		Numi Organic Tea - Decaf Black Vanilla Tea
		Numi Organic Tea - Gunpowder Green Tea
		Numi Organic Tea - Jasmine Green Tea
		Numi Organic Tea - Moroccan Mint Tea
		Numi Organic Tea - Orange Spice White Tea
		Snapple - Diet Lemon Tea
		Snapple - Diet Peach Tea
		Sobe - Honey Green Tea
	Water	Alhambra - Purified Water
		Aquafina
		Dasani - Water
		Deja Blue - Water
		Roman's - Water
		Sparkletts - Water
Unbranded - Bottled Water		
Unbranded - Tap Water		
Waterpia - Water		

STANDARD	CATEGORY	BEVERAGE NAME
School	100% Juice	Apple & Eve - Apple Juice
		Apple & Eve - Fruit Punch
		Apple & Eve - Very Berry
	100% Juice	Capri Sun - Apple
		Capri Sun - Berry
		Minute Maid - Apple
		Minute Maid - Orange Juice With Calcium
		Snapple 100% Juiced! - Green Apple
		Suncup - Apple
		Suncup - Orange Juice
		Tropicana - Apple Juice
		Tropicana - Orange
		V8 V-Fusion 100% Juice Blend - Pomegranate Blueberry
		Veryfine - Apple
		Veryfine - Orange
		Vita Fresh - Grape
	Juice Drink	Izze - Sparkling Apple
		Izze - Sparkling Blackberry
		Izze - Sparkling Clementine
		R.W. Knudsen Family - Jamaican Lemonade Spritzer
		R.W. Knudsen Family - Mango Fandango Spritzer
		R.W. Knudsen Family - Red Raspberry Spritzer
		R.W. Knudsen Family - Strawberry Spritzer
	Milk	Crystal - 1% Low Fat Milk
		Humboldt Creamery - 1% Low Fat Milk
		Humboldt Creamery - Fat Free
		Producers Dairy - 1% Low Fat Milk
		Producers Dairy - Fat Free Milk
		Unbranded - 1% Low Fat Milk
		Unbranded - Nonfat Milk
	Smoothie/ Milk Shake	Odwalla - Red Rhapsody
	Water	Aquafina
		Arrowhead - Water
blk - Alkaline Fulvic Trace Mineral Infused Water		
Crystal Geyser - Water		
Dasani - Water		
Fiji - Water		
First Street - Plain Water		
Glaceau Smart Water -		
Unbranded - Bottled Water		

STANDARD	CATEGORY	BEVERAGE NAME
Youth	Water	Aquafina
		Dasani - Water

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