

**CA4HEALTH NON-ADHERENT BEVERAGES
ACROSS 12 COUNTIES**

Prepared by Samuels & Associates

This list of beverages was compiled using data collected by 12 counties participating in the CA4HEALTH project. This is not a comprehensive list and is meant to provide examples of non-adherent beverages that were documented during baseline data collection. Adherence is based on current nutrition information in the FoodBEAMS database, but nutrition information is subject to change as beverage companies are constantly making changes to the beverages they sell.

STANDARD	CATEGORY	BEVERAGE NAME
Adult	100% Juice	Dole - Apple
		Minute Maid - Apple
		Minute Maid - Orange
		Naked Juice - Acai Machine
		Naked Juice - Berry Blast
		Naked Juice - Blue Machine
		Naked Juice - Green Machine
		Naked Juice - Mighty Mango
		Naked Juice - Orange Mango
		Naked Juice - Pomegranate Blueberry
		Naked Juice - Power-C Machine
		Naked Juice - Probiotic Machine Tropical Mango
		Naked Juice - Red Machine
		Naked Juice - Reduced Calorie Peach Guava
		Naked Juice - Strawberry Banana
		Ocean Spray - Apple
		Ocean Spray - Orange
		Ocean Spray - Pineapple Peach Mango
		Ocean Spray - Ruby Red Grapefruit - 100% Juice
		Snapple 100% Juiced - Green Apple
Tropicana - Apple Juice		
Tropicana - Grape Juice		
Tropicana Pure Premium - Orange Juice - No Pulp		
Unbranded - Apple Juice		
V8 100% Vegetable Juice -		

STANDARD	CATEGORY	BEVERAGE NAME
Adult	100% Juice	V8 V-Fusion 100% Juice Blend - Strawberry Banana
		Vita Coco - Pure Coconut Water
	Coffee Drink	Folger's - Chocolate Silk
		J. Traders - Chocolate Trance
		J. Traders - Port Of Vanilla
		J. Traders - Tropic Of Chocolate
		J. Traders - Vive La Creme Caramel Cappuccino
		Monster - Loca Mocha
		Nescafe - French Vanilla
		Nescafe - French Vanilla Cappuccino
		Nescafe - Latte
		Nescafe - Mocha
		Starbucks - Caffe Mocha - 2% Milk - No Whipped Cream
		Starbucks - Double Shot - Coffee - Energy + Coffee
		Starbucks - Double Shot - Mocha - Energy + Coffee
		Starbucks - Doubleshot - Espresso
		Starbucks - Doubleshot - Vanilla - Energy + Coffee
		Starbucks - Doubleshot - Vanilla Light - Energy + Coffee
		Starbucks - Frappuccino - Caramel
		Starbucks - Frappuccino - Coffee
		Starbucks - Frappuccino - Mocha
		Starbucks - Frappuccino - Vanilla
		Unbranded - Cafe Mocha
		Unbranded - Caramel Macchiato
		Unbranded - Coffee - With Sugar
		Unbranded - Coffee - With Sugar And Lightener
		Unbranded - French Vanilla Cafe
	Unbranded - Iced White Chocolate Mocha	
	Diet Beverage	Pepsi - One
	Energy Drink	5 Hour Energy - Berry
		5 Hour Energy - Decaf - Citrus
		5 Hour Energy - Extra Strength - Grape
		5 Hour Energy - Grape
		5 Hour Energy - Lemon-Lime
		5 Hour Energy - Orange
		5 Hour Energy - Pomegranate
		Amp Energy - Active - Lemonade
Amp Energy - Boost - Cherry		
Amp Energy - Boost - Grape		
Amp Energy - Boost - Original		

STANDARD	CATEGORY	BEVERAGE NAME
Adult	Energy Drink	Amp Energy - Boost - Original Sugar Free
		Amp Energy - Elevate - Focus - Blast Of Mixed Berry
		Amp Energy
		Full Throttle - Blue Agave
		J. Traders - Berry Burn Energy
		Monster - Assault
		Monster - Java Monster - Kona Blend
		Monster - Khaos
		Monster - Low Carb
		Monster - Rehab - Tea + Lemonade
		Monster
		No Fear - Super Energy Sugar Free
		No Fear - Super Energy Supplement
		Red Bull - Sugar Free
		Red Bull
		Rockstar - 2x Energy - Extra Caffeine
		Rockstar - Energy Cola
		Rockstar - Punched - Citrus
		Rockstar - Punched - Fruit Punch
		Rockstar - Punched Energy Drink - Tropical Punch
		Rockstar - Roasted - Mocha
		Rockstar - Sugar Free
		Rockstar - Zero Carb
		Rockstar
		Rockstar - Recovery - Energy + Hydration - Grape
		Rockstar - Recovery - Energy + Hydration - Lemonade
		Rockstar - Recovery - Energy + Hydration - Orange
		Starbucks Refreshers Beverage - Orange Melon
		Starbucks Refreshers Beverage - Strawberry Lemonade
		Venom Energy Drink - Black Mamba
		Venom Energy Drink - Mango Killer Taipan
		Victory Energize - Fruit Punch
		Victory Energize - Original
	Victory Energize - Zero	
	Hot Chocolate	Aspen Mulling Company - Hot Cocoa
		Nescafe - Hot Chocolate
		Nesquik - Chocolate Powder
		Unbranded - Hot Chocolate
	Juice Drink	Alo - Enrich - Aloe Vera, Pomegranate And Cranberry
		Alo - Exposed - Original And Honey

STANDARD	CATEGORY	BEVERAGE NAME
Adult	Juice Drink	Alo - Mango + Mangosteen
		Arizona - Mucho Mango
		Capri Sun - Grape
		Fuze - Refresh - Banana Colada
		Fuze - Refresh - Peach Mango
		Fuze - Slenderize - Strawberry Melon
		Glaceau Vitamin Water - Energy - Tropical Citrus
		Glaceau Vitamin Water - Focus - Kiwi Strawberry
		Glaceau Vitamin Water - Power-C - Dragonfruit
		Glaceau Vitamin Water - Spark - Grape Blueberry
		Glaceau Vitamin Water - XXX - Acai Blueberry
		Hawaiian Punch - Fruit Juicy Red
		Hawaiian Punch - Island Citrus Guava
		Honest Ade - Pomegranate Blue
		Kern's Nectar - Apricot
		Kern's Nectar - Banana Pineapple
		Kern's Nectar - Guava
		Kern's Nectar - Mango
		Kern's Nectar - Peach
		Kern's Nectar - Strawberry
		Kern's Nectar - Strawberry Banana
		Kern's Nectar - Strawberry Kiwi
		Lipton Brisk - Diet Lemonade
		Lipton Brisk - Fruit Punch
		Lipton Brisk - Lemonade
		Lipton Brisk - Strawberry Melon
		Mccoll's - Fruit Punch
		Mccoll's - Orange
		Minute Maid - Cranberry Apple Raspberry
		Minute Maid - Cranberry Grape
		Minute Maid - Lemonade
		Minute Maid - Pink Lemonade
		Naked Juice - Protein Zone Double Berry
		Naked Juice - Protein Zone Juice
		Naked Juice - Protein Zone Mango
		Ocean Spray - Cran Grape
		Ocean Spray - Cranberry Juice Cocktail
		Ocean Spray - Cran-Pomegranate
		Ocean Spray - Ruby Red
		Ocean Spray - Strawberry Kiwi

STANDARD	CATEGORY	BEVERAGE NAME	
Adult	Juice Drink	San Pellegrino - Aranciata	
		San Pellegrino - Limonata	
		Simply Orange Juice - Lemonade	
		Simply Orange Juice - Raspberry Lemonade	
		Snapple - Cranberry Raspberry	
		Snapple - Fruit Punch	
		Snapple - Kiwi Strawberry	
		Snapple - Mango Madness	
		Sobe - Cranberry Grapefruit	
		Sobe - Energize - Citrus Energy	
		Sobe - Energize Power - Fruit Punch	
		Sobe - Orange Carrot	
		Sobe - Orange Cream	
		Sobe - Pina Colada	
		Sobe - Power Fruit Punch	
		Sobe - Smooth - Strawberry Banana	
		Sobe - Smooth - Strawberry Daiquiri	
		Sobe Lean - Cranberry Grapefruit	
		Sobe Lean - Fuji Apple Cranberry	
		Sobe Lean - Raspberry Lemonade	
		Sobe Lifewater - Blackberry Grape - Antioxidants	
		Sobe Lifewater - Mango Melon	
		Sobe Lifewater - Orange Tangerine - Antioxidants	
		Sobe Lifewater - Pacific Coconut With Coconut Water	
		Sobe Lifewater - Pomegranate Cherry - Antioxidants	
		Sobe Lifewater - Pomegranate Nectarine With Coconut Water	
		Sobe Lifewater - Strawberry Kiwi	
		Tropicana - Cranberry Cocktail	
		Tropicana - Pink Lemonade	
		Tropicana - Trop50 - No Pulp - Orange	
		Tropicana - Trop50 - No Pulp Calcium + Vitamin D	
		Tropicana - Trop50 - Raspberry Lemonade	
		Unbranded - Cranberry Juice	
		Unbranded - Lemonade	
		Unbranded - Lemonade - Freshly Squeezed	
		Unbranded - Passion Orange Guava	
		Milk	Crystal - 1% Low Fat Milk - Chocolate
			Crystal - 2% Reduced Fat Milk
	Crystal Cool Cow - 2% Reduced Fat Milk		
	Darigold - 1% Low Fat Milk - Chocolate		

STANDARD	CATEGORY	BEVERAGE NAME
Adult	Milk	Darigold - 1% Low Fat Milk - Strawberry
		Darigold - Reduced Fat - 2% Milk
		Darigold - Refuel - Chocolate
		Darigold - Whole Milk
		Producers Dairy - 1% Low Fat Milk - Chocolate
		Producers Dairy - 2% Reduced Fat Milk
		Unbranded - 2% Reduced Fat Milk
		Unbranded - Whole Milk
	Milk Alternative	Pacific Natural Foods - Chocolate Soymilk
		Silk - Pure Almond - Dark Chocolate
		Silk - Pure Almond - Vanilla
		Silk - Soymilk - Very Vanilla
	Smoothie Or Milkshake	F'real - Chocolate Milkshake
		F'real - Cookies 'N Cream Milkshake
		F'real - Mango Smoothie
		F'real - Mint Chip Milkshake
		F'real - Peanut Butter Cup Milkshake
		F'real - Strawberry Banana Smoothie
		Homemade - Strawberry Milkshake
		Homemade - Vanilla Milkshake
		Unbranded - Fruit Smoothie
		Unbranded / Homemade - Chocolate Milk Shake
	Soda	7up
		A&W - Cream Soda
		A&W - Root Beer
		Barq's Root Beer
		Canada Dry - Ginger Ale
		Coke/Coca Cola - Cherry
		Coke/Coca Cola - Classic
		Crush - Grape
		Crush - Orange
		Dr. Pepper - Cherry
		Dr. Pepper
		Fanta - Orange
		Hansen's - Kiwi Strawberry
		Hansen's - Mandarin Lime
Jarritos - Fruit Punch		
Jarritos - Limon		
Jarritos - Mandrin		
Jarritos - Strawberry		

STANDARD	CATEGORY	BEVERAGE NAME
Adult	Soda	Manzanita Sol - Apple Soda
		Mountain Dew - Code Red
		Mountain Dew - Dark Berry
		Mountain Dew - Game Fuel Citrus Cherry
		Mountain Dew - Throwback
		Mountain Dew - Voltage
		Mountain Dew - White Out
		Mountain Dew
		Mug - Root Beer
		Pepsi - Caffeine Free
		Pepsi - Next Generation
		Pepsi - Wild Cherry
		Pepsi - X
		Pepsi
		Pibb - Xtra
		Rc Cola
		Schweppes - Ginger Ale
		Schweppes - Tonic Water
		Senorial Sangria Non-Alcoholic -
		Shasta - Root Beer - Caffeine Free
		Sierra Mist - Cranberry Splash
		Sierra Mist - Natural
		Sierra Mist
		Slice - Orange
		Sprite
		Squirt - Citrus Burst
		Sunkist - Grape
		Sunkist - Orange
		Toronja Sol - Grapefruit Soda
		Unbranded - Italian Soda - Blackberry
		Unbranded - Italian Soda - Blackberry W/ Whipped Cream
		Unbranded - Italian Soda - Blood Orange
		Unbranded - Italian Soda - Blood Orange W/ Whipped Cream
		Unbranded - Italian Soda - Cherry
Unbranded - Italian Soda - Cherry W/ Whipped Cream		
Unbranded - Italian Soda - Lime		
Unbranded - Italian Soda - Lime W/ Whipped Cream		
Unbranded - Italian Soda - Strawberry		
Unbranded - Italian Soda - Strawberry W/ Whipped Cream		
Unbranded - Italian Soda - Vanilla		

STANDARD	CATEGORY	BEVERAGE NAME
Adult	Soda	Unbranded - Italian Soda - Vanilla W/ Whipped Cream
		Unbranded - Orange Soda
	Sports Drink/ Electrolyte Beverage	All Sport - Body Quencher With Vitamin C - Lemon Lime
		Gatorade - 02 Perform - Lemonade
		Gatorade - Fruit Punch
		Gatorade - Lemonade
		Gatorade - Lemon-Lime
		Gatorade - Orange
		Gatorade - Prime - Berry
		Gatorade - Prime - Fruit Punch
		Gatorade 02 Perform - Cool Blue
		Gatorade 02 Perform - Fierce Grape
		Gatorade 02 Perform - Frost Glacier Freeze
		Gatorade 02 Perform - Fruit Punch
		Gatorade 02 Perform - Orange
		Gatorade 02 Perform - Sandia-Citrus
		Gatorade 02 Perform - Xtremo Mango
		Gatorade A.M. - Orange-Strawberry
		Gatorade Fierce - Grape
		Gatorade Fierce - Melon
		Gatorade Fierce - Strawberry
		Gatorade Frost - Glacier Freeze
		Gatorade G Series - Recover Kiwi Strawberry
		Gatorade G Series - Recover Mixed Berry
		Gatorade G Series - Recover Tropical Orange
		Gatorade G2 - Fruit Punch
		Gatorade G2 - Glacier Freeze
		Gatorade G2 - Grape
		Gatorade G2 - Lemon-Lime
		Gatorade G2 - Orange
		Muscle Milk - Banana Creme
		Muscle Milk - Chocolate
		Muscle Milk - Cookies N Creme
		Muscle Milk - Light - Vanilla Latte
		Muscle Milk - Strawberries N Creme
		Muscle Milk - Vanilla Creme
		Powerade Ion4 - Fruit Punch
		Powerade Ion4 - Grape
		Powerade Ion4 - Lemon Lime
		Powerade Ion4 - Mountain Berry Blast / Mountain Blast

STANDARD	CATEGORY	BEVERAGE NAME
Adult	Sports Drink/ Electrolyte Beverage	Powerade Ion4 - Orange
		Powerade Play - Fruit Punch
		Powerade Play - Grape
		Powerade Play - Orange
	Tea Drink	Arizona - Arnold Palmer Half Iced Tea & Half Lemon-Limeade
		Arizona - Black And White Iced Tea
		Arizona - Green Tea With Ginseng And Honey
		Arizona - Half Ice Tea & Half Tropical
		Arizona - Lemon Iced Tea
		Arizona - Peach Iced Tea
		Arizona - Southern Style Sweet Tea
		Honest Tea - Honey Green Tea
		Honest Tea - Organic Half Tea And Half Lemonade
		Honest Tea - Organic Peach White Tea
		Lipton - 100% Natural Green Tea Passion Fruit Mango
		Lipton - 100% Natural Iced Tea - Pomegranate Blueberry
		Lipton - Iced Tea - Green Tea With Citrus
		Lipton - Iced Tea - Lemon
		Lipton - Pureleaf Iced Tea - Lemon
		Lipton - Pureleaf Iced Tea - Raspberry
		Lipton - Sweet Iced Tea
		Lipton Brisk - Iced Tea - Lemon
		Lipton Brisk - Iced Tea - Lemonade
		Lipton Brisk - Iced Tea - Raspberry
		Lipton Brisk - Mango-Dragonfruit Iced Green Tea
		Lipton Brisk - Peach Iced Green Tea
		Nestea - Natural Lemon
		Nestea - Red Tea - Pomegranate And Passion Fruit
		Nestea - Sweetened Iced Tea - Lemon
		Oregon Chai - Chai Tea Latte
		Paldo - Aloe Vera Drink
		Pure Leaf - Extra Sweet Tea
		Pure Leaf - Sweet Tea
		Snapple - Lemon Tea
		Snapple - Lemonade Iced Tea
		Snapple - Peach Tea
		Snapple - Raspberry Tea
		Sobe - Green Tea
		Sweet Leaf - Green Tea - Organic Citrus
		Sweet Leaf - Iced Tea - Organic Peach
		Sweet Leaf - Sweet Tea - Organic The Original

STANDARD	CATEGORY	BEVERAGE NAME
School	100% Juice	Dole - Apple
		Dole - Grape
		Dole - Orange
		Minute Maid - Orange
		Ocean Spray - Apple
		Ocean Spray - Orange
		Ocean Spray - Pineapple Peach Mango
		Odwalla - Strawberry Banana
		Snapple 100% Juiced! - Fruit Punch
		Snapple 100% Juiced! - Grape
		Snapple 100% Juiced! - Orange Mango
		V8 100% Vegetable Juice - Spicy Hot
		V8 V-Fusion 100% Juice Blend - Cranberry Blackberry
		V8 V-Fusion 100% Juice Blend - Strawberry Banana
		Veryfine - Apple Strawberry
	Coffee Drink	Starbucks - Coffee - House Blend
		Unbranded - Coffee
	Diet Beverage	Coke/Coca Cola - Zero
		Coke/Coca Cola - Zero
		Diet Coke
		Diet Pepsi
		Dr. Pepper - Diet
		Glaceau Vitamin Water Zero - Drive - Blood Orange-Mixed Berry
		Glaceau Vitamin Water Zero - Glow - Strawberry Guanabana
		Glaceau Vitamin Water Zero - Go-Go Mixed Berry
		Glaceau Vitamin Water Zero - Mega-C
		Glaceau Vitamin Water Zero - Mega-C - Grape Raspberry
		Glaceau Vitamin Water Zero - Revitalize Green Tea
		Glaceau Vitamin Water Zero - Rhythm Starfruit - Citrus
		Glaceau Vitamin Water Zero - Rise Orange
		Glaceau Vitamin Water Zero - Squeezed Lemonade
		Glaceau Vitamin Water Zero - Xxx - Acai Blueberry Pomegranate
		Pepsi - One
	Hot Chocolate	Citatot - Hot Chocolate
	Juice Drink	Capri Sun - Grape
		Glaceau Vitamin Water - Drive- Blood Orange - Mixed Berry
		Glaceau Vitamin Water - Energy - Tropical Citrus
		Glaceau Vitamin Water - Focus - Kiwi Strawberry
		Minute Maid - Cranberry Apple Raspberry
		Minute Maid - Cranberry Grape

STANDARD	CATEGORY	BEVERAGE NAME
School	Juice Drink	Ocean Spray - Strawberry Kiwi
		Sobe - Power Fruit Punch
		Sobe Lean - Fuji Apple Cranberry
		Sobe Lean - Raspberry Lemonade
		Sobe Lifewater - Black And Blue Berry - 0 Cal - Antioxidants
		Sobe Lifewater - Blackberry Grape - Antioxidants
		Sobe Lifewater - Strawberry Kiwi
		Sobe Lifewater - Yumberry Pomegranate 0cal Antioxidant
	Milk	Crystal - 1% Low Fat Milk - Chocolate
		Crystal - Nonfat Milk - Chocolate
		Humboldt Creamery - Chocolate Milk - Fat Free
		Nesquik - 1% Low Fat Milk - Chocolate
		Nesquik - 1% Low Fat Milk - Strawberry
		Producers Dairy - Fat Free Strawberry
		Producers Dairy - Nonfat Milk - Chocolate
		Unbranded - Nonfat Milk - Chocolate
	Milk Alternative	Tofu Shop - Organic Chocolate Soymilk
	Smoothie Or Milkshake	Jamba Juice - Banana Berry Smoothie
		Jamba Juice - Mango - A - Go - Go Smoothie
		Jamba Juice - Strawberries Wild Smoothie
		Odwalla - Berries Gomega
		Odwalla - Mango Tango
		Odwalla - Mo'beta
		Odwalla - Orange Honey Passion
		Odwalla - Pink Poetry
		Odwalla - Superfood
	Soda	Coke/Coca Cola - Cherry
		Coke/Coca Cola - Cherry
		Coke/Coca Cola - Classic
		Dr. Pepper
		Mountain Dew -
		Pepsi
		Pibb - Xtra
Sierra Mist		
Slice - Lemon Lime		
Slice - Orange		
Sprite		
Sports Drink/ Electrolyte Beverage	Gatorade - Berry	
School	Sports Drink/ Electrolyte Beverage	Gatorade - Fruit Punch

STANDARD	CATEGORY	BEVERAGE NAME
		Gatorade - Lemon-Lime
		Gatorade - Orange
		Gatorade 02 Perform - Berry
		Gatorade 02 Perform - Cool Blue
		Gatorade 02 Perform - Frost Glacier Freeze
		Gatorade 02 Perform - Fruit Punch
		Gatorade 02 Perform - Lemon-Lime
		Gatorade 02 Perform - Orange
		Gatorade Fierce - Grape
		Gatorade G2 - Blueberry-Pomegranate
		Gatorade G2 - Fruit Punch
		Gatorade G2 - Glacier Freeze
		Gatorade G2 - Grape
		Gatorade G2 - Lemon-Lime
		Gatorade Rain - Lime
		Powerade - Zero - Fruit Punch
		Powerade - Zero - Grape
		Powerade - Zero - Mixed Berry
		Powerade - Zero - Strawberry
		Powerade Ion4 - Fruit Punch
		Powerade Ion4 - Lemon Lime
		Powerade Ion4 - Mountain Berry Blast / Mountain Blast
		Powerade Play - Fruit Punch
	Powerade Play - Grape	
	Powerade Play - Orange	
	Tea Drink	Lipton - Spiced Apple
		Lipton Brisk - Iced Tea - Lemon
Nestea - Natural Lemon		
Sobe Lean - Honey Green Tea		
Starbucks - Brewed Tea - Tazo Awake		

STANDARD	CATEGORY	BEVERAGE NAME
Youth	100% Juice	Dole - Apple
		Dole - Orange
	Coffee Drink	Unbranded - Coffee
	Diet Beverage	Coke/Coca Cola - Zero
		Diet Coke
	Juice Drink	Capri Sun - Grape
Minute Maid - Lemonade		
Youth	Soda	Coke/Coca Cola - Cherry

STANDARD	CATEGORY	BEVERAGE NAME
		Coke/Coca Cola - Classic
		Fanta - Orange
		Mello Yello - Citrus Flavored Soda
		Sprite
		Squirt - Citrus Burst
	Sports Drink/ Electrolyte Beverage	Gatorade - Fruit Punch
		Gatorade 02 Perform - Cool Blue
		Gatorade 02 Perform - Frost Glacier Freeze
		Gatorade 02 Perform - Fruit Punch
		Gatorade G2 - Grape
		Gatorade G2 - Lemon-Lime
		Gatorade G2 - Orange
		Powerade Ion4 - Fruit Punch
	Powerade Ion4 - Mountain Berry Blast / Mountain Blast	
	Tea Drink	Lipton Brisk - Iced Tea - Lemon
		Nestea - Natural Lemon
		Nestea - Sweetened Iced Tea - Lemon

Samuels & Associates

1222 Preservation Park Way

Oakland CA 94612

Phone: (510) 271-6799

admin@samuelsandassociates.com

www.samuelsandassociates.com

